

**WHOLE HEALTH DENTISTRY: WHY YOUR MOUTH IS
THE KEY TO YOUR BODYS HEALTH**

Mathew Santee

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Oral Health And Overall Health: Why A Healthy Mouth Is Good For Your Body

Namrita Singh is the author of Whole Health Dentistry (avg rating, 1 rating, Whole Health Dentistry: Why Your Mouth Is The Key To Your Body's Health.

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Oral health: A window to your overall health - Mayo Clinic

The Mouth-Body Connection. Key Points - Common Risk Factor. Oral health is essential to general health and well-being at every stage of life. A healthy mouth .

Take care of your teeth and gums - NHS

Taking good care of your mouth, teeth and gums is a worthy goal in and of itself. Good oral and dental hygiene can help prevent bad breath, tooth decay and gum Saliva is also one of your body's main defenses against disease-causing.

Why neglecting your teeth could be seriously bad for your health | Life and style | The Guardian

Blue Heron Dentistry is a leader in providing whole health dentistry, A proactive approach - in mouth, mind and body - is key to good health.

Related books: [The Galilean Period: The Sages Vol.III](#), [Cussy Rode a 34](#), [Gott schützt die Liebenden \(German Edition\)](#), [Höllенflüstern: Riley Blackthorne - Die Dämonenfängerin 3 \(German Edition\)](#), [Ash Dogs](#).

Back pain at work How to sit correctly Posture tips for laptop users How to prevent germs from spreading How to wash your hands Is my child too ill for school? Cavities are still the most prevalent chronic disease of childhood. Preventing high risk behaviors, that include cigarette, cigar or pipe smoking, use of smokeless tobacco, and excessive use of alcohol are critical in preventing oral cancers.

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